

## 2018-2019 PROGRAM DETAILS

**Date:** September 19, 2018  
**Time:** 6:00 pm Refreshments and Information Booths  
6:30 pm Screening of Documentary "A Better Man"  
**Location:** Haliburton Highlands Secondary School

**Date:** September 20, 2018  
**Event:** Take Back the Night  
**Time:** 5:00 pm – Sign Making; 7:00 pm Rally & March  
**Location:** Head Lake Park, Haliburton

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**Date:** October 18, 2018  
**Time:** 7:00 pm  
**Location:** Haliburton School of Art & Design  
**Speaker:** **Melanie Aldom**  
**Topic:** Volunteer Dental Outreach for Haliburton Count

### **Volunteer Dental Outreach for Haliburton County – Then and Now**

The VDO is an inspirational example of community actions solving gaps in our health care and social service systems. Melanie will talk about the VDO's journey, from where the dream began to today. She will discuss the involvement of the community in constructing the clinic, staffing it, maintaining it and what their future plans are. Melanie will illustrate how the VDO's work has changed so many lives one smile at a time. Many of us will be surprised and encouraged by recent stats indicating how many volunteers actively involved with the clinic and the monetary value of the dental work that has been provided for free to our county over the years.

### **Biography – Melanie Aldom**

Melanie Aldom moved to Haliburton with her husband Matthew in 2007. She is a Restorative Dental Hygienist and has been actively involved with Volunteer Dental Outreach for Haliburton County, since inception, providing care and serving on the board of directors. Melanie enjoys an active lifestyle, spending weekends at the cottage in the summer and skiing in the winter. She is currently busy home schooling her 4 children.

**Honorarium** to Volunteer Dental Outreach

**Date:** November 15, 2018 **\*\*OPEN TO THE PUBLIC\*\***  
**Time:** 7:00 pm  
**Location:** Haliburton School of Art & Design  
**Speaker:** **David O'Brien**  
**Topic:** Reinventing Local Government – The Doug Ford Way

### **Reinventing Local Government – The Doug Ford Way**

David will be talking about how Ford is attempting to shift power away from municipalities to the provincial government, the ramifications on rural Ontario as the voting blocks in our urban centres become the focus of future votes/power, leaving rural Ontario in an even worse position politically than we are currently in.

### **Biography – Dave O'Brien**

David has retired from a long career in government and business. His background includes City Manager for Ottawa and Mississauga as well as Global Head of the Cities Centre of Excellence at KPMG. Mr. O'Brien has also been President and CEO of Toronto Hydro Corporation and Deputy Minister of Energy for the Province of Ontario.

David was born and raised in Sudbury Ontario and after retiring has relocated to the Haliburton area as a full time resident. He sits on a number of Boards, both not for profit and publicly traded.

**Honorarium:** Alzheimer's Society

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**Date:** December 6, 2018 **Christmas Lunch Social**  
**Location:** Heather Lodge

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**Date:** January 17, 2019  
**Time:** 1:30 pm  
**Location:** Dysart Library, Haliburton  
**Speaker:** **Wayne Hooks**  
**Topic:** Ethel Curry – The Artist and the Gallery

**NOTE:** CFUW business meeting will be 1:30 – 2:00 pm; Wayne will speak from 2:00 – 2:30 pm and then we will go across the street to the Ethel Curry Gallery for a tour.

## **Ethel Curry – The Artist and the Gallery**

Ethel Curry – her background, local connection and teaching art in Toronto.

Ethel and Doris McCarthy.

Ethel's connection to the group of seven.

The Ethel Curry Gallery – history, supporting local and Canadian artists. The difficulties of operating a privately-owned art gallery.

A visit to the gallery.

## **Biography – Wayne Hooks**

Wayne was born in Toronto in 1947. After receiving a degree in mathematics from the University of Waterloo in 1970 he taught for two years in Guyana, South America with CUSO. He returned to Canada, obtained a degree in Education and taught at St. Michael's College before heading overseas in 1976 with UNICEF. After six years working in the Sudan (Rural water supply), four years in Bangladesh (Programme management), and two years in Geneva, Switzerland (chief of Emergency Operations for Europe), he returned to Canada in 1986.

Wayne currently resides on Long Lake near the village of Haliburton, Ontario. He is a self-taught woodworker, with a focus towards uncomplicated design, emphasizing quality construction accentuating the exceptional, the unusual and the natural beauty in the wood itself. Wayne also owns and operates The Ethel Curry Gallery in Haliburton where his work is displayed, along with the art work of approximately 100 other Canadian artists. Wayne has a deep concern for the effective management of the world's forests. He uses certified wood sources or distributors for the small amount of hardwood he must purchase from outside of Canada. He is also a member of the World Wildlife Fund, the World Society for the Protection of Animals, the Canadian Nature Federation, the Ontario Society for the prevention of Cruelty to Animals, The Toronto Zoo, the Canadian Wildlife Federation and many other organizations dedicated to trying to preserve the Planets growing number of species at risk.

## **Honorarium to the World Wild Life Fund**

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**Date:** February 21, 2019  
**Time:** 1:30 pm  
**Location:** Abbey Gardens  
**Speaker:** Heather Reid  
**Topic:** What's New at Abbey Gardens

**NOTE:** April's meeting will be structured as follows: 30 min CFUW business meeting, 10 min social, 60 min speaker (including questions from members), short hike for those who wish to do so.

## What's New at Abbey Gardens

Heather will highlight new developments at Abbey Gardens and talk about future ideas, including specifics about the Abbey Retreat Centre (ARC). Heather will be delighted to offer a snowshoe hike through their forested area, weather permitting, to those who would be interested in joining them after the session.

## Biography – Heather Reid

Heather's role involves oversight of the entire operation and strategic planning for the development of the Abbey Gardens project. She has a background in Recreation Management, Outdoor Education, and Community-Based Research. Heather grew up as a cottager in the Haliburton Highlands and moved here permanently in 2005.

## Honorarium to Abbey Gardens

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**Date:** April 25, 2019  
**Time:** 7:00 pm  
**Location:** Haliburton School of Art & Design (**not confirmed – but probable location**)  
**Speaker:** Julia Sutton  
**Topic:** Natural Shorelines & Landscape Restoration

## Natural Shorelines & Landscape Restoration

Julia's presentation will be about natural shorelines and landscape restoration, creating spaces for humans and wildlife with native plants... Why native plants and natural shorelines? Current issues with non-native plants & landscaping trends.....Shoreline naturalization and misconceptions.....How big of a shoreline buffer?.... Planting considerations & figuring out site conditions.....Creating habitat for wildlife.

## Biography – Julia Sutton

Julia has always had a keen interest in environmental issues and has left a trail of native plants in the yard of every apartment she rented in Ottawa! After completing a joint degree in Environmental Studies and International Development from Trent University, she obtained a post graduate certificate in Ecosystem Restoration. Julia worked for Conservation Authorities in eastern Ontario, and spent two years carrying out forest inventories in partnership with two First Nation communities, and four years coordinating a fish and stream monitoring program, where she carried out many shoreline naturalization projects. Her farming dream eventually led her to Burk's Falls, where she currently resides and operates an organic farm operation. Julia was the Executive Director for the Eastern Georgian Bay Stewardship Council for four years and worked to rebuild the organization and carry out a variety of fish habitat assessment and restoration projects. Julia has run her own environmental consulting company since 2012 and specializes in native plant work and shoreline naturalization. As a small-scale organic farmer, Julia sits on the Northeastern Ontario New Farm Network Advisory Committee and is a member of the Ecological Farmers Association of Ontario.

## Honorarium to Near North Enviro-Education Centre

**Date:** May 23, 2019

**Time:** 7:00 pm

**Location:** Haliburton School of Art & Design (**not confirmed**)

**Speaker:** Susan Keith

**Topic:** Therapeutic Touch®

### **THERAPEUTIC TOUCH®**

Therapeutic Touch is a holistic, evidence-based therapy recognized in hospitals and used by families in their own homes. It provides relaxation in any situation and a boost to your immune system to promote health and well-being.

An introduction to the modality will provide an overview of its history, benefits, uses, where it is commonly used and how to learn it. A demonstration will allow you to see how it is done and experience its effects. People who have used Therapeutic Touch come to understand how it has gained a reputation for being profoundly simple, yet simply profound.

### **Biography - Susan Keith**

Susan Keith is a Registered Nurse (Retired) with a Certificate in Holistic Health Practices. She began practicing Therapeutic Touch® in 1995 and is a Recognized Therapeutic Touch Practitioner and Teacher. As well as serving as a Therapeutic Touch Practitioner in hospice for 12 years, Susan was also a member of the Board of Directors of The Therapeutic Touch Network of Ontario (TTNO) for eight years. Her experience as an R.N., combined with her Therapeutic Touch practice bring together a knowledgeable, balanced approach to teaching as well as healing and well-being.

### **Honorarium to Fuel for Warmth**

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**Date:** June 6, 2019

**Time:** 7:00 pm

**Location:** Haliburton School of Art & Design (**not confirmed – but probable location**)  
100<sup>th</sup> anniversary of CFUW and 15<sup>th</sup> anniversary of our chapter  
Scholarship Distribution

**Speaker(s):** The original women who played a key role in the creation of the CFUW Haliburton Chapter. What their vision was then and how they see this chapter developing in the next 15 years. I will follow up with Mary Fox.

**Note:** Laura Theissen has also offered to find someone in the national or provincial CFUW organization to speak, should we need to fill in time.